

Vita



# Storytime

40 questions to capture your family's life stories

# How Vita Works



## Record Storytime with Loved ones

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*Share life stories with your family using the Storytime questions and audio record the storytelling.*



## Get Your Memoir Curated

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*Upload your audio file on [vitalifestory.com](https://vitalifestory.com) to receive a beautifully curated memoir you can cherish forever.*



## How to Audio Record

When you are ready, call

**(929) 209-9843**

*And the conversation will be recorded and uploaded to **vitalifestory.com** automatically. (don't forget to put on loudspeaker!)*

*If you prefer to use another recording tool such as a voice recorder, or a video camera, feel free to use them. You will just have to upload your recordings manually at **vitalifestory.com** to receive your curated digital memoir.*



Did you travel during your lifetime? What were the most interesting trips you've had?



Was there a  
time you felt  
you were  
treated unfairly?



Tell me about  
an extraordinary  
day that  
happened at  
work.



What did  
you get in  
trouble for  
when you  
were young?



What is one of  
your greatest  
achievements?





What did you  
learn from  
parenting?



What was hard  
about growing  
up?



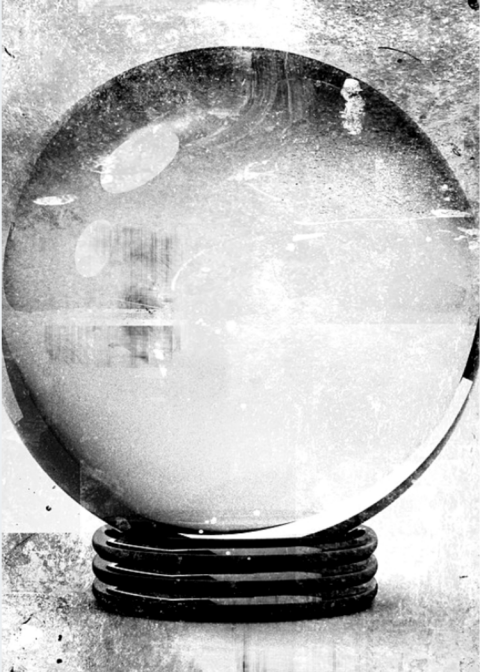
What were your  
parents like?



Did your  
parents have a  
story about you  
that they loved  
to tell?



Can you  
describe the  
neighborhood  
you grew up in?



Have you ever had a supernatural experience, or an experience that could not be logically explained?



Have you ever  
had a near-  
death  
experience?



What person  
comes to mind  
when you hear  
the word "hero?"





What was your  
first date like?



Did you and  
your spouse  
have a favorite  
local hangout?



Tell me about a time you fell in love with someone. How did they change you?



In your opinion,  
what is the  
secret to a  
successful  
relationship?



Tell me  
about a time  
you laughed  
super hard.



Tell me  
about your  
childhood  
best friend.



What was the  
greatest  
historical  
event you  
lived through?



Have you ever  
lived through a  
natural  
disaster?





Did you ever  
collect  
something  
when you  
were a child?



Have you  
ever taken a  
huge risk?



What kind of music did you listen to when you were young?



Can you tell  
me a great  
story about  
an ancestor  
of ours?



What was  
the greatest  
lesson your  
parents or  
caregivers  
taught you?



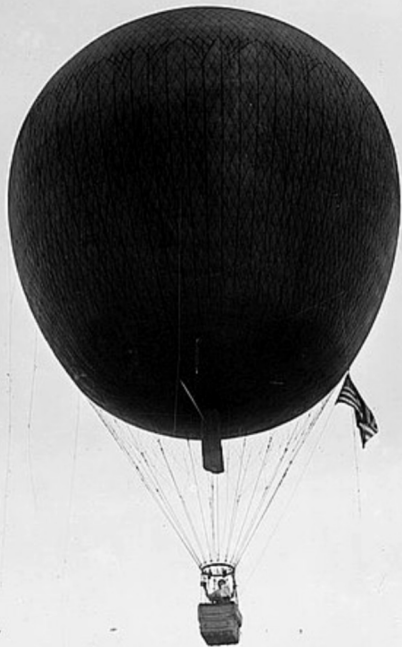
Did you and  
your spouse  
have  
common  
interests?



What do you  
dream  
about these  
days?







What is  
something  
you've proudly  
checked off  
your bucket  
list?



What was something that you discovered you were good at?



What's something you wish you were told about marriage before you went through with it?



What is the greatest spectacle you have ever seen?



Do you have a  
coping  
mechanism  
for stress?



Can you tell me  
a story related  
to food?



What was  
your most  
joyful day?



What was the nicest or most romantic thing someone has ever done for you?





What is your  
favorite story  
about me?



What do you  
think today's  
younger  
generation is  
lucky to have?



Tell me about  
your favorite  
family tradition.